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Irving ISD strongly encourages parents/guardians to establish a medical home for student athletes for annual sports physicals as well as regular general healthcare. Regular visits to a primary care provider, who has knowledge of personal and family history, help to ensure consistent and quality healthcare for annual well child exams, sports physicals and general healthcare. If your student athlete does not already have a medical home, we have partnered with local Irving clinics to provide options for helping each student athlete establish a primary care provider. These options are provided below with a map of the locations. If you have any questions or concerns, please don’t hesitate to contact one of the district’s athletic trainers. Contact information for our district athletic trainers can be found at the following website. [www.irvingisd.net/sportsmedicine](http://www.irvingisd.net/sportsmedicine)

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| Clinic Information | Walk in vs Appt | Insurance Accepted | Out of Pocket Costs  (w/out insurance) | Clinic Hours |
| MD Family Clinic  1111 S. Irving Heights Dr. Ste 120  972-579-7979 | Same Day Appointments | Most major insurances accepted including Medicaid & CHIP  <https://mdmedicalgroup.us/insurance/> | $39 PPE; $65 regular visit  Sports physical campaign $25 | Mon-Fri 8am-6pm  Saturday 8am-12pm |
| MD Kids Pediatrics  1111 W. Airport Freeway Ste 143  469-488-4500 | Same Day Appointments | Most major insurances accepted including Medicaid & CHIP  <https://mdmedicalgroup.us/insurance/> | $39 PPE; $65 regular visit  Sports physical campaign $25 | Monday-Friday  8am-6pm |
| Clinicas Mi Doctor  506 S. Nursery Rd Ste 101  972-573-3288 | Same Day Appointments | Most major insurances accepted including Medicaid & CHIP  <https://mdmedicalgroup.us/insurance/> | $39 PPE; $65 regular visit  Sports physical campaign $25 | Monday-Friday  8am-6pm |
| Kids Clinic  1141 Kinwest Pkwy #110  972-969-4230 | Same Day Appointments | Most major insurances accepted including Medicaid & CHIP  <https://mdmedicalgroup.us/insurance/> | $39 PPE; $65 regular visit  Sports physical campaign $25 | Monday-Friday  8am-5pm |
| Tots 2 Teens Pediatric Clinic  3626 N. MacArthur Blvd Ste 200  972-256-2028 | Appointment preferred | Most major insurances accepted including Medicaid & CHIP  [www.tots2teenskidcare.com](http://www.tots2teenskidcare.com) | Sports Physical-$25  Regular Visit-$65 | Mon-Fri 8am-7pm  Saturday 9am-noon |
| Kelsom Clinic  1202 W. Pioneer Dr.  972-254-7272 | Appointment preferred | Most major insurances accepted including Medicaid & CHIP | Sports Physical-$30  Regular visit-$150 | Monday-Friday 9am-5pm  After Hours Urgent Care 6-8pm |
| DFW Family Clinic  3501 N. MacArthur Blvd Ste 330  972-887-3376 | By appointment only | Most major insurances accepted including, Medicaid & CHIP  [www.dfwfamilyclinic.com](http://www.dfwfamilyclinic.com) | Sports Physical-$25  Regular visit-new patient=$100 | Mon-Thur 8:30am-5pm  Friday 8:30am-12pm  Select Saturdays appt only 8-12 |
| DFW Medical Clinic  916 W. 6th St.  972-975-5444 | By appointment or walk in | Most major insurances accepted including Medicaid & CHIP  [http://dfwmedicalclinic.com/#](http://dfwmedicalclinic.com/) | Sports Physical $35  Regular Visit $60 | Monday & Wed-Fri 9am-5pm  Tuesday 11am-7pm |