

Irving ISD strongly encourages parents/guardians to establish a medical home for student athletes for annual sports physicals as well as regular general healthcare. Regular visits to a primary care provider, who has knowledge of personal and family history, help to ensure consistent and quality healthcare for annual well child exams, sports physicals and general healthcare. If your student athlete does not already have a medical home, we have partnered with local Irving clinics to provide options for helping each student athlete establish a primary care provider. These options are provided below with a map of the locations. If you have any questions or concerns, please don’t hesitate to contact one of the district’s athletic trainers. Contact information for our district athletic trainers can be found at the following website. [www.irvingisd.net/sportsmedicine](http://www.irvingisd.net/sportsmedicine)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Clinic Information | Walk in vs Appt | Insurance Accepted | Out of Pocket Costs(w/out insurance) | Clinic Hours |
| MD Family Clinic1111 S. Irving Heights Dr. Ste 120972-579-7979 | Same Day Appointments | Most major insurances accepted including Medicaid & CHIP<https://mdmedicalgroup.us/insurance/> | $39 PPE; $65 regular visitSports physical campaign $25 | Mon-Fri 8am-6pmSaturday 8am-12pm |
| MD Kids Pediatrics1111 W. Airport Freeway Ste 143469-488-4500 | Same Day Appointments | Most major insurances accepted including Medicaid & CHIP<https://mdmedicalgroup.us/insurance/> | $39 PPE; $65 regular visitSports physical campaign $25 | Monday-Friday8am-6pm |
| Clinicas Mi Doctor 506 S. Nursery Rd Ste 101972-573-3288 | Same Day Appointments | Most major insurances accepted including Medicaid & CHIP<https://mdmedicalgroup.us/insurance/> | $39 PPE; $65 regular visitSports physical campaign $25 | Monday-Friday8am-6pm |
| Kids Clinic1141 Kinwest Pkwy #110972-969-4230 | Same Day Appointments | Most major insurances accepted including Medicaid & CHIP<https://mdmedicalgroup.us/insurance/> | $39 PPE; $65 regular visitSports physical campaign $25 | Monday-Friday8am-5pm |
| Tots 2 Teens Pediatric Clinic3626 N. MacArthur Blvd Ste 200972-256-2028 | Appointment preferred | Most major insurances accepted including Medicaid & CHIP[www.tots2teenskidcare.com](http://www.tots2teenskidcare.com) | Sports Physical-$25Regular Visit-$65 | Mon-Fri 8am-7pmSaturday 9am-noon |
| Kelsom Clinic1202 W. Pioneer Dr.972-254-7272 | Appointment preferred | Most major insurances accepted including Medicaid & CHIP | Sports Physical-$30Regular visit-$150 | Monday-Friday 9am-5pmAfter Hours Urgent Care 6-8pm |
| DFW Family Clinic3501 N. MacArthur Blvd Ste 330972-887-3376 | By appointment only | Most major insurances accepted including, Medicaid & CHIP[www.dfwfamilyclinic.com](http://www.dfwfamilyclinic.com) | Sports Physical-$25Regular visit-new patient=$100 | Mon-Thur 8:30am-5pmFriday 8:30am-12pmSelect Saturdays appt only 8-12 |
| DFW Medical Clinic916 W. 6th St. 972-975-5444 | By appointment or walk in | Most major insurances accepted including Medicaid & CHIP[http://dfwmedicalclinic.com/#](http://dfwmedicalclinic.com/) | Sports Physical $35Regular Visit $60 | Monday & Wed-Fri 9am-5pmTuesday 11am-7pm |